



**2 King St. E., P. O. Box 70 St.-Charles, ON P0M 2W0**

Helmet Use Policy

Policy No. P-029

**PURPOSE:**

The Municipality of St-Charles is committed to the health and safety of all residents. The Municipality of St-Charles recognizes that all skaters are at risk for potential head injury while on ice surface of indoor rinks. As a result, the following “helmet use” policy has been discussed and has been put into place.

Effective Date: October 9<sup>th</sup>, 2012

Approval: Resolution No 2012-297

---

**Procedure:**

*Public Skating and Instructional Skating*

During public skating or instructional skating in the St.-Charles Arena, CSA-approved helmets with all helmet straps securely tied are mandatory for all skaters 14 years of age and under. CSA-approved helmets are also highly recommended for persons of any age who lack good control and balance.

During public skating on the St.-Charles outdoor ice rink, CSA helmets with all helmet straps securely tied are strongly recommended. To further promote the safe enjoyment of the outdoor ice rink, the use of CSA-approved helmets will be encouraged by the posting of signage to this effect.

*Hockey programs-Children and Youth*

CSA-approved hockey helmets with full face mask, neck guards and mouth guards are mandatory for all preschoolers, children and youth under the age of 18, who participate in hockey, power skate and shinny programs in St.-Charles.

*Hockey programs-Adults*

CSA-approved hockey helmets with one-half or full face mask are mandatory for adult hockey, power skating and shinny programs in St.-Charles. Neck guards and mouth guards are strongly recommended.

*It is highly recommended that all skaters, regardless of age, wear a CSA-approved helmet.* In general, anyone who lacks good control and balance when skating forward and backward or who has difficulty stopping and maneuvering around obstacles on the ice should wear a CSA-approved helmet with all helmet straps securely tied.

Clubs, skating schools, caregivers and arena managers must ensure this policy is enforced during all skating activities in the St.-Charles Arena. In addition, these individuals or organizations are permitted to ask participants to leave the ice if they are not wearing a CSA-approved helmet.

Helmets provide a protective layer for a human's thin skull. They are designed to create a surface area to absorb the force that the skull and brain would otherwise receive during a fall. Bicycle helmets are constructed of collapsible foam that is designed to absorb energy of a single impact. As a result, bicycle helmets do not provide the same protection as CSA-approved helmets and will not be permitted on the ice. Broken helmets are not acceptable and will not be permitted on the ice

For bookings by private individuals for special events, children under the age of 14 are required to wear CSA- approved helmets.

For more general information regarding the purpose of helmet use policies and general helmet safety, please visit [www.thinkfirst.ca](http://www.thinkfirst.ca).

\_\_\_\_\_  
Renee Chaperon  
Acting Clerk/Administrator

\_\_\_\_\_  
Paul Schoppmann  
Mayor

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date